

## Projects in the UK and Ireland

Mothers' Union members around the UK and Ireland are involved with a wide range of projects, programmes and initiatives. Every Diocese has its own priorities, its own contacts, its own skills, so each one will be different.

In many dioceses, members have trained as parenting facilitators with the Passionate about Parenting Programme. One of the most important skills parents are taught is building self-esteem and confidence in their children. Look at the sheets from **parenting programmes** and fill them in for your child or children. You can take both these sheets away with you.



Find out more information at

[www.mothersunion.org/content/passionate-about-parenting](http://www.mothersunion.org/content/passionate-about-parenting)

**Finish by writing on a label what you are doing in the name of MU in your church/branch/community, tying it to the washing line, and taking a prayer card.**